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Let's Talk!

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How might we ensure that sex education is not reproduction focused?

- We have created an introductory card game for parents. This card game allows for families to create conversations around consent, pleasure, healthy relationships and inclusivity.
- Our solution is focused on parents of elementary aged children.
- Our solution creates value through establishing that conversations about pleasure and consent must start early and at home.



Prototype

LET'S TALK! DECK

Try it on!

Show off your favorite outfit. No limits. No judgments.



LET'S TALK! DECK

Talking Points

- The clothes we wear are our choice.
- Clothes and colors have no gender.
- Self-expression is a part of a person's identity.
- Respecting the way others express themselves is important.

Reflections

- Why did you choose this outfit as your favorite?
- How do you feel when you wear it?
- Share with your child your favorite outfit and why.

Visit www.letstalkdeck.com for more resources and support!



Research and Testing

- Through our research we learned that when you eliminate reproduction in sex education, consent becomes the key element in establishing a sex positive comprehensive education program. Consent and pleasure are intertwined and when we start at a young age, children learn to stay connected to their sense of choice, body awareness and autonomy. We learned that parents are busy and want a quick activity to initiate difficult conversations that can continue throughout adolescence.
- We incorporated feedback by staying focused on a solution that starts at home and starts with children under the age of 12. Additionally, through prototyping we clearly labeled each card to give families a choice of intensity level based on their family's level of trust and safety.
- Our users need an easy solution to have intentional conversations at home about topics that address easily digestible themes such as: LGBTQ+ inclusivity, systems of oppression and micro-aggressions as they relate to pleasure. Our card game helps build skills for both parents and young people to establish a trusting relationship to expand conversations as they enter into adolescence.



Next Steps

- **Next steps**

- Youth-informed content for card deck
- Online Parent Portal
- Ambassador Program

- **Next card deck iterations include:**

- Intergenerational
- Classroom-based
- Peer-to-Peer

