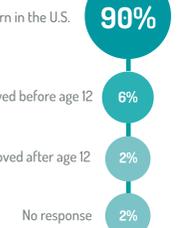




# Pulse, an App in Action: Preliminary Usage Results from a Randomized Control Trial

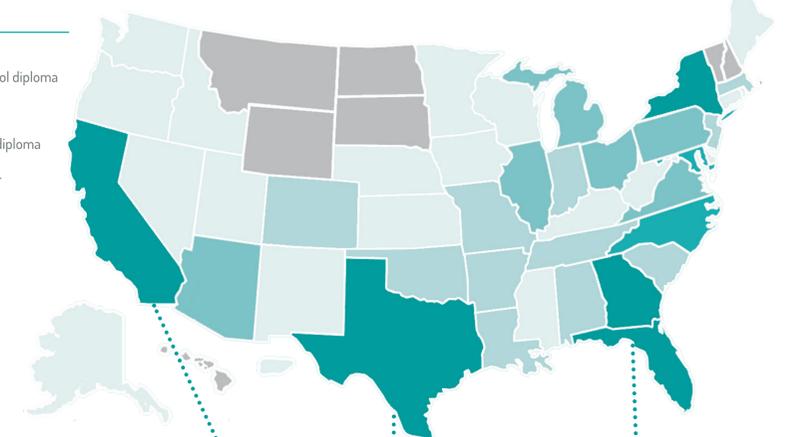
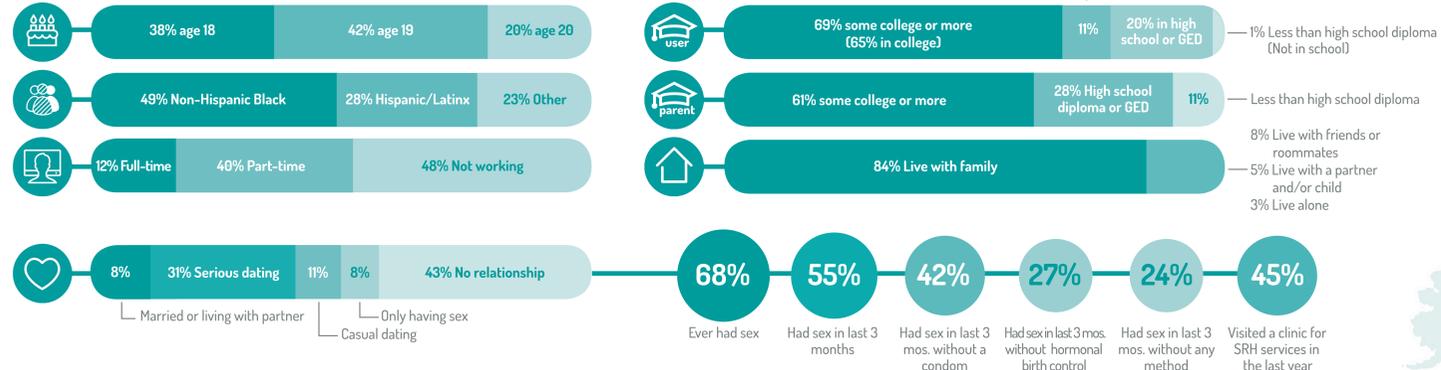
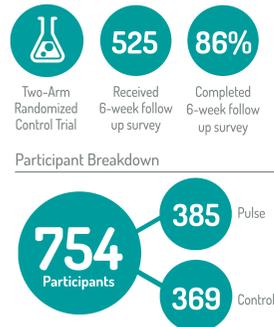
Jennifer Manlove, Elizabeth Cook, Brooke Whitfield, and Makedah Johnson, Child Trends  
Milagros Garrido, Nicholas Sufrinko, and Genevieve Martínez-García, Healthy Teen Network



## About Pulse



## About the Evaluation



## Pulse: The Web-App

Usage stats include only inactive treatment participants who have already completed the full 6-week intervention period (n=384 for full sample; n=321 for those who ever logged into app).



## Pulse: The Messages

These stats include only inactive treatment participants who have already completed the full 6-week intervention period (n=384).

